

Michigan Department of Education
Child and Adult Care Food Program

Where Healthy Eating Becomes a Habit
Program Information Sheet

This care center is a participant in the Child and Adult Care Food Program (CACFP), a United States Department of Agriculture (USDA) program. The CACFP provides cash reimbursement to child and adult day care centers for nutritious meals and helps children and adults develop and maintain healthy eating habits. The CACFP is administered by the Michigan Department of Education (MDE).

Through the Child and Adult Care Food Program you can be assured each participant is getting balanced, nutritious meals and developing/maintaining healthy lifelong eating habits. Proper nutrition during throughout life ensures fewer educational and physical problems later in life.

As a participant in the CACFP, your care center receives reimbursement for serving nutritious meals and snacks. Meals and snacks must meet the USDA meal pattern requirements listed below (Child Meal Pattern).*

Breakfast	Lunch and Supper	Snack (serve 2 different food items from the 5 food component groups below)
Milk Fruit, Vegetable, or a combination of both Grain	Milk Meat or Meat Alternate Vegetable Fruit (or second Vegetable) Grain	Milk Meat or Meat Alternate Vegetable Fruit Grain

**Children less than one year old and Adults Day Services:* Foods in the infant and adult meal pattern vary. Please request the applicable infant or adult meal pattern requirements from our center.

MDE is required to verify the enrollment, attendance and meals/snacks typically consumed by children while they are in care. MDE staff may contact you regarding your child's participation in our day care center.

If you have any questions about the Child and Adult Care Food Program, please contact:

Allegan Area ESA - GSRP
310 Thomas Street / Allegan, MI 49010
269-512-7700

or

Child and Adult Care Food Program
Michigan Department of Education
P.O. Box 30008
Lansing, Michigan 48909
517-241-5353

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